

GETTING OLD!

Getting old isn't that bad
You have so many memories of adventures you've had
Your brain might start to lose the plot
But a glass of Bristol cream certainly hits the spot
Food occasionally sticks to your chin
And you quite often forget where you have put the bin

Getting old will come to us all
Whether your short or whether your tall
Parts of the body begin to sag
Inside the bin is an old carrier bag
A bar of chocolate is on our bed table
You were around when lots of girls were called Mabel

Getting old is just part of life
You would have seen happy times and even strife
You probably have grandkids galore
When they come visiting you simply adore
They come with all the gadgets of the day
Iphones, tablets and are always on ebay
Technology has moved so fast
You will remember manual typewriters from the past

Getting old can be quite fun
No work, no mortgage and you may still go for a run
They say that sixty is now the same as forty
I know several in their eighties who are still quite naughty!
This ever changing world just fills you with awe
Hidden in your brain are memories from the war
But life moves on and you live for today
Modern drugs take all our pains away

Getting old can be quite lonely
Having xmas dinner when you're the one and only
But Abbey Centre put on a great spread
Xmas day you no longer need to dread
You will be picked up by a friendly face
And taken to a decorative place
Where tables will be set for a delicious xmas meal
Carols and bingo making xmas so real
Meeting friends old and new
A day full of enjoyment made especially for you.

So you see Getting old isn't that bad
If you're anything like me, you are simply just mad!

Linda Lane - 2015

