## **GETTING OLD!**

Getting old isn't that bad You have so many memories of adventures you've had Your brain might start to lose the plot But a glass of Bristol cream certainly hits the spot Food occasionally sticks to your chin And you quite often forget where you have put the bin

Getting old will come to us all Whether your short or whether your tall Parts of the body begin to sag Inside the bin is an old carrier bag A bar of chocolate is on our bed table You were around when lots of girls were called Mabel

Getting old is just part of life You would have seen happy times and even strife You probably have grandkids galore When they come visiting you simply adore They come with all the gadgets of the day Iphones, tablets and are always on ebay Technology has moved so fast You will remember manual typewriters from the past

Getting old can be quite fun No work, no mortgage and you may still go for a run They say that sixty is now the same as forty I know several in their eighties who are still quite naughty!

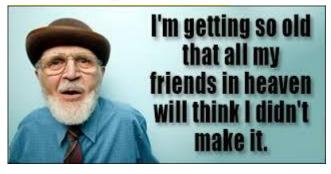
This ever changing world just fills you with awe Hidden in your brain are memories from the war But life moves on and you live for today Modern drugs take all our pains away

Getting old can be quite lonely Having xmas dinner when you're the one and only But Abbey Centre put on a great spread Xmas day you no longer need to dread You will be picked up by a friendly face And taken to a decorative place Where tables will be set for a delicious xmas meal Carols and bingo making xmas so real Meeting friends old and new A day full of enjoyment made especially for you.

So you see Getting old isn't that bad

If you're anything like me, you are simply just mad!









Linda Lane - 2015