



## Cleaning your teeth

Sitting in the bathroom with my toothbrush in hand

I have told my mum, no way do I want a band  
At the moment my teeth seem pretty straight  
Not all over the place like that of my mate!

Toothpaste on now its time to brush

Ouch was that my cheek I started to crush

Up or down or side to side

Rolling the brush down like the incoming tide

Don't forget the backs also need a good clean

Keep on going until the teeth start to gleam!

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